

Prior Learning

Recognise actions can be performed to music. Copy, create, repeat and perform some basic actions to music. Use their body to recreate and symbolise people and actions.

Unit Focus

Respond to a range of stimuli and types of music. Explore space, direction, elevation, mirroring and partner work. Explore a narrative through a short, structured dance.

We are learning...

1. to move as if we are in the jungle
2. to move like a friendly bear
3. to create and perform movements which demonstrate friendship
4. How to mirror other people's actions
5. some basic Lindy Hop actions
6. what it feels like to perform a dance

Key Questions

1. What kind of character is Baloo?
2. What is Lindy Hop, and where did it originate
3. What is a performance?

Equipment

Music player, music, cones, printable resources.

Vocabulary

Stretch, swing, mood, feeling, theme, story, static, friendship, start, middle, end, Lindy Hop.

Concept

- Using mirroring as a tool for creating interesting partner work.
- A dance phrase has a beginning, middle and end.

Assessment Overview

Head – Demonstrate understanding that dance has a start, middle and end.
Hand – Perform basic body actions to music.
Heart – Create and perform actions that convey friendship.

