

Prior Learning

Able to send an object with increased confidence using hand or bat. Can move towards a moving ball to return. Can send and return a variety of balls.

We are learning...

- 1. to send the ball over a net to our partner.
- 2. to track and stop a moving object using both hands.
- 3. why different muscles are important when playing games.
- 4. to send balls accurately from different positions, e.g. kneeling or sitting.
- 5. to spot space in the playing area and hit the ball there.
- 6. to play a game with a partner.

Vocabulary

A variety of balls, a variety of bats/racquets, cones, hoops, targets, button cones, quoits, balloons, and bench/nets.

Equipment

Bowl, hit, net, pick up, roll, serve, stop, track, opposition, umpire.

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Unit Focus

Develop sending skills with a variety of balls. Track, intercept and stop a variety of objects. Select and apply skills to beat the opposition.

Key Questions

- 1. Can you remember a simple tactic you have used today? (hitting/throwing into space).
- 2. What is the role of the umpire?
- 3. How did/do you score a point?

Rules

Pairs start with 100 points; they lose a point when they fail to return the ball in the given number of bounces. The team with the most points wins.

Assessment Overview

Head – Identify space to send a ball into.

Hand – Move towards a moving ball to return with your hand or bat.

Heart – Play cooperatively in a game situation.

