

Prior Learning

Developed sending skills with a variety of balls. Tracked, intercepted and stopped a variety of objects. Selected and applied skills to beat the opposition.

Unit Focus

Be able to track the path of a ball over a net and move towards it. Begin to hit and return a ball with some consistency. Play modified net/wall games throwing, catching and sending over a net.

We are learning...

1. to stay on our toes to move quickly to the ball.
2. to identify which hand is dominant in a game.
3. the basic rules of serving to our partner.
4. to develop agility and use it in a game.
5. to use the correct grip to hit a self-fed ball.
6. to use the ready position in a rally.

Key Questions

1. How do you hold the racquet differently for the different types of hits?
2. What is a self-feed?
3. What is a boundary?
4. Why do you think we have boundaries?

Equipment

A variety of balls, a variety of bats/racquets, cones, hoops, targets, button cones, quoits, balloons, bench.

Vocabulary

Serve, bounce, drop, badminton, tennis, volleyball, squash, shuttlecock, racquet.

Concept

- Children can either hit with a racquet or their hands.
- Children must not run onto others' courts to collect balls while they are in the middle of a point.

Assessment Overview

Head - Decide on and play with their dominant hand.

Hand - Take part in a rally.

Heart - Play in modified games with others to send and return a ball over a net/line.

