

Prior Learning

Tracked the path of a ball over a net and move towards it. Begun to hit and return a ball with some consistency. Played modified net/wall games throwing, catching and sending over a net.

Unit Focus

Be able to make it difficult for their opponent to score a point. Begin to choose specific tactics. Transfer net/wall skills. Improve agility and coordination and use in a game.

We are learning...

1. to feed a ball to our partner with consistency.
2. to send the ball to different parts of the court.
3. to throw and catch in a seated position.
4. to accurately serve the ball to different parts of the court.
5. to use overarm attacking shots in a game.
6. to manage what we should be doing within the competition.

Key Questions

1. How did you try to beat your opponent? What skills did you use?
2. Could you choose where you placed the ball?
3. When the ball went where you wanted, do you know what you did correctly?

Equipment

Large soft balls, foam tennis balls, low bounce tennis balls, low nets or benches, cones, bibs, hoops, short-handled racquets, dry wipe boards and pens.

Vocabulary

Front, back, tactics, compete, score, wide, deep, rotate, point.

Concept

- The ball can be played in a standing or seated format.
- Play first to 3 or 5 points.
- You can serve by throwing or striking. You can play by scoring with the ball bouncing twice.

Assessment Overview

Head - Develop tactics to outwit your opponent so they cannot return the ball.
Hand - Start games using basic serving skills.
Heart - Work as a team to get the ball over the net.

