

Prior Learning

Experienced different types of hitting with hand and racquets. Able to recognise boundaries. Recognise how to score points in a game.

Unit Focus

Identify and describe some rules of badminton. Serve to begin a game. Explore forehand hitting.

We are learning...

1. to use hard and soft hits.
2. that different types of hits are needed to reach different areas of the court.
3. to move to return the shuttle from the different areas of the court.
4. to rally with a partner over the net.
5. to serve forehand.
6. to play within the boundaries of the court.

Key Questions

1. What is the role of an umpire?
2. What skills/techniques have you used to score points against your opponent?
3. How did you try to improve your performance when playing different players?

Equipment

Badminton racquets, nets, bench, shuttlecocks, cones, hoops.

Vocabulary

Hit, return, court, forehand, shuttlecock, points, score, net, underarm, racquet.

Rules

- Players play 1 v 1 in a designated area.
- If a player hits the shuttlecock out of the playing area, the point is given to the opponent.
- The shuttlecock can only be hit once to get it over the net/bench.

Assessment Overview

Head - Play with badminton court boundaries.

Hand - Serve to begin a game.

Heart - Take part in a rally with a partner.

