

Prior Learning

Experienced different types of small sided games. Able to send and receive balls. Used a variety of skills and techniques to defend and attack.

Unit Focus

Able to show basic passing and catching skills. Learn basic defensive techniques. Implement the rules of handball.

We are learning...

1. to use the ready position to catch effectively.
2. to perform accurate passes in different situations.
3. to move the ball using the three step rule.
4. to prevent the ball from being passed by blocking and intercepting.
5. to use quick effective passes to attack as a team.
6. to develop accurate passing and move into space in a game.

Key Questions

1. What do we need to do with our hands to show we are ready to catch the ball?
2. How many steps can we take until we must bounce the ball?

Equipment

Cones, handballs and a range of other types of balls, bibs, and whistle.

Vocabulary

Shoot, defend, attack, block, run, control, catch, pass, teamwork, score, intercept, possession, movement, using space.

Rules

- Players are only allowed to hold the ball for 3 seconds, then they must either pass, take three steps or dribble the ball unlimited.
- When defending, players may use their hands or arms to block or gain possession of the ball but cannot pull or hit the ball out of an opponent's hand.

Assessment Overview

Head - Implement some handball rules in a game.

Hand - Send the ball using different techniques.

Heart - Show support, encouragement and good sportsmanship.

