

Prior Learning

They are able to make it difficult for their opponent to score a point. Begun to choose specific tactics. Transferred net/wall skills. Improved agility and coordination and use in a game.

Unit Focus

To identify and describe some rules of tennis. Serve to begin a game and explore forehand hitting.

We are learning...

1. to use the ready position to return a ball.
2. to hit the ball to different parts of the court using a forehand hit.
3. to perform an underarm serve to start a rally.
4. to move towards a ball to return it over the net.
5. to play cooperatively with a partner to keep the ball moving over the net.
6. to perform forehand hits to score points in a competition.

Key Questions

1. What is the role of an umpire?
2. What skills/techniques have you been using to score points against your opponent?
3. How did you try to improve your performance when playing different players?

Equipment

Tennis racquets, nets, sponge balls, tennis balls, cones, hoops.

Vocabulary

Hit, return, court, forehand, backhand, bounce, points, score, net, tactics, underarm, overarm.

Rules

- Play rules where if the ball is hit out of the playing area, the point is awarded to the other player.
- If the ball bounces more than once on your side, the opponent gets the point (you can adapt this to two bounces if necessary).

Assessment Overview

Head - Keep Count/score of a game.

Hand - Show tennis-ready position.

Heart - Play against an opponent.

