

Prior Learning

Performed some basic basketball skills, throwing, catching and dribbling. Built attacking/offensive play. Implemented some basic rules of basketball.

Unit Focus

Increase confidence and selection of basic skills such as dribbling, throwing and shooting. Develop a range of ball-handling skills. Use footwork rules in a game situation and explore basic marking.

We are learning...

1. to apply pressure on an attacker to force a mistake.
2. to change direction quickly using a crossover dribble.
3. to use man-to-man marking to stop the ball handler.
4. to perform a bounce pass to outwit an opponent.
5. to perform a jump shot.
6. to perform passing and moving with a teammate.

Key Questions

1. Can you give an example of when a player would have committed a travel offence?
2. What is the purpose of the jump stop and triple threat position?
3. What parts of your learning over this unit did you implement in today's games?

Equipment

Size 5 basketballs, cones, hoops, basketball posts, bibs, stopwatch, whiteboards.

Vocabulary

Turnover, double dribble, crossover ball, tip-off, intercept, bounce pass, jump shot, opposed, violation.

Rules

- When a basket is scored, the conceding team restarts the game with a backline ball from their defensive backline.
- If a player commits a travel offence, a sideline ball is taken from the nearest sideline in line with where the offence took place.

Assessment Overview

Head - Explain travel violation rules.
Hand - Show a triple threat position.
Heart - Help someone to improve a particular skill.

