

Prior Learning

Experienced different types of small-sided invasion games. Able to send and receive balls. Use a variety of techniques and tactics to play competitively, both attacking and defending.

Unit Focus

Consistently perform basic hockey skills such as dribbling and push passes. Implement the basic rules of hockey. Develop tactics and apply them in competitive situations. Increase speed and endurance during gameplay.

We are learning...

1. to perform a push pass with accuracy.
2. to perform a straight dribble to maintain possession.
3. to use reverse-stick to control a ball on the far side of our body.
4. to use a slap pass to send the ball over longer distances.
5. to turn to keep the ball under control and move into space.
6. to develop new skills in competitive situations and look to improve.

Key Questions

1. Why must we keep the ball close to our stick when turning or dribbling?
2. What happens in the game if the ball hits the back of your stick?
3. How can we produce more power to make slap hit go further?

Equipment

Sticks, a range of balls (hard foam or quick sticks balls), cones, goals, bibs, stopwatch.

Vocabulary

Control, use space, defend, attack, dribble, pass, push, slap, reverse.

Rules

- No Contact.
- No touching the ball with their feet, the opposition gets a free pass where the offence occurred.
- The ball cannot touch the back of the stick.

Assessment Overview

Head - Decide as a team how to make things difficult for your opponent.

Hand - Attempt a slap pass in isolation.

Heart - Suggest ways to improve your and your team's performance.

