

Prior Learning

Introduced to some defensive skills. Can dribble in different directions using different parts of their feet. Passed for distance. Evaluated skills to aid improvement.

Unit Focus

Play effectively in a variety of positions and formations. Relate a greater number of attacking and defensive tactics. Become more skilful when performing movements at speed.

We are learning...

1. to turn with the ball.
2. to travel quickly and effectively when running with the ball.
3. to combine running with the ball and sending it into space.
4. to maintain position when attacking to create space.
5. to perform a stepover to beat a defender.
6. to control a bouncing ball, keeping it close to the body.

Key Questions

1. Why is regaining possession quickly crucial in a game?
2. What does possession mean?
3. Why is it essential to be goalside of your player when marking?

Equipment

Footballs, range of balls, cones, goals, bibs, stopwatch.

Vocabulary

Distance, perform, consistent, speed, fair play, regain, possession, goal side, interchange, position, maintain.

Rules

- No slide tackling.
- No touching the ball with your hands (unless you are the goalkeeper).
- To start and restart the game after a goal is scored player passes the ball to a teammate from the centre.

Assessment Overview

Head - Select an appropriate conclusion to a run with the ball.

Hand - Receive the ball and turn.

Heart - Use individual skills to keep possession.

