

Prior Learning

Developed 3 step rule incorporating bounce. Defended and prevented attacks by blocking and intercepting. Passed and moved with the ball to set up attacks. Demonstrated and implemented the rules of handball.

Unit Focus

Use specific handball skills in games. Begin to play effectively in different positions. Increase power and strength of passes, moving the ball over longer distances. Use a wide range of handball rules consistently.

We are learning...

1. the jump shot.
2. to goal keep by closing the angles attackers can shoot from.
3. the double fault rule and how it applies to dribbling.
4. to perform a pivot to create space to pass or shoot.
5. the role of set plays to create opportunities to score.
6. to select and apply new skills in a competition situation.

Key Questions

1. Which areas of handball do you feel you need to work on?
2. What is a set play?
3. Can you name any other sports that would use set plays?

Equipment

Handballs, cones, bibs, stopwatches, hoops, goals.

Vocabulary

Dribble, block, screen, pivoting, steps, double fault, offensive foul, free throw.

Rules

- You cannot pull or hit the ball out of a player's hand, but you can have your hands up in front of them to attempt to block the pass.
- Play with 'throw-offs', which are used at the start of each half and after a goal is scored.

Assessment Overview

Head - Play in formations and execute 'set plays' in game situations.
Hand - Use an offensive dribble to progress quickly up the court.
Heart - Explain how a team's passage of play was successful.

