

COVENTRY SCHOOL NURSING

A GUIDE FOR PRIMARY SCHOOL PARENTS

The Coventry School Nursing service provides vital resources enabling you to build your child's emotional and mental resilience. As your child grows so do their needs. This guide aims to support you and your child during the primary school years, building on the support you received from the health visiting service.

PARENTING SUPPORT

Parenting can pose challenges as you guide your child through the various stages of Primary School. The School Nursing team are here to assist by providing guidance, referrals, and connections to suitable agencies.

Below are parenting videos the school nursing team have created in response to many parents requesting support in these areas. Additionally we also offer hearing screening clinics for reception aged children.

Toileting Advice



Sleeping Tips



Behaviour Challenges



Understanding Anxiety



Challenges in Eating



Hearing Screening

Did you know that we offer free audiology clinics for children in reception class? For further information, please contact the team via email address in the footer.


[WWW.NHS.UK](http://www.nhs.uk)


Explore the NHS website for detailed information on healthcare services, medical advice and support resources.



SCAN HERE

**ChatHealth for parents in
Coventry**
07507 329114



ChatHealth is a free service for parents to send confidential SMS messages to School Nurses for impartial health advice and support. Available anytime, replies are provided during opening hours (9am – 4:30pm, Monday to Friday) for various health issues.



01926 495321 Ext 7494



swg-tr.contactschoolnursescoventry@nhs.net



ChatHealth: 07507 329 114 (Parent Line)

ChatHealth: 07507 331 949 (For 11-19 year olds)



Coventry School Nursing Team



COVSCHOOLNURSES

SCHOOL NURSE SUPPORT SERVICES

Alongside the support services outlined on page one, we also provide the following:

- Nutritional and dietary support
- Delivering the National Child Measurement Programme (NCMP) for reception and year 6 students
- Puberty advice
- Year 6 Health Questionnaires
- Emotional well-being and relaxation advice
- Parent health questionnaires (completed the summer term before your child starts school).
- Social media: we regularly share advice and information about our services on our social media pages (links provided in the footer).
- School Nurse Newsletters: we regularly distribute newsletters through schools, covering various topics and providing health and lifestyle advice.

IF YOU HAVE ANY OF THE BELOW CONCERNS, CONTACT...

Pharmacist & Self Care

Grazes, cold Symptoms, sore/sticky eyes, sore throat, cold sores, diarrhoea or constipation, indigestion, aches and pains, repeat prescription service.



Dentist

Tooth pain, swelling to your mouth, injury to your mouth, pain or bleeding gums, and advice on oral hygiene.



Optician

Blurred vision, pain in or around your eye, reduced vision, flashes, and floaters.



GP

A range of clinicians, including doctors, nurses and sometimes physiotherapists to help you with both mental and physical health issues.



111

If you need non-emergency advice or same-day attention when your GP is unavailable, call NHS 111-24/7.



DID YOU KNOW?



More info

What are the Year 6 Questionnaires?

We offer all year 6 students the opportunity to complete a health questionnaire about them. They will receive a health care plan to support them with making healthy choices. All health questionnaires are reviewed and if required the student will be given the opportunity to speak to one of the school nurses.

Minor Injuries Unit

Cuts and minor burns, sprains and strains, suspected broken bones and fractures.



A&E or 999

Suspected heart attack or stroke, chest pain, breathing difficulties, severe bleeding, unconscious, serious burns.



Testicular Torsion Awareness

Testicular Torsion is a serious emergency that occurs when the testes twist, resulting in severe pain. If your son complains of sudden severe testicle pain or testicle pain for more than an hour, go to A&E.

HOW TO CONTACT YOUR SCHOOL NURSING TEAM

The school nursing service operates Monday to Friday 9am - 4.30pm, excluding public and bank holidays. You can reach us using the contact details provided in the footer:



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